



**ADVANCED ORTHOPEDICS
AND SPORTS MEDICINE INSTITUTE, PC**
A CENTER OF EXCELLENCE FOR BONE AND JOINT CARE

www.AdvancedOrthoSports.com

POND VIEW PROFESSIONAL PARK
301 PROFESSIONAL VIEW DRIVE
FREEHOLD, NJ 07728
PHONE: 732-720-2555 • FAX: 732-720-2556

RENAISSANCE CROSSING MEDICAL ARTS BUILDING
312 APPLGARTH RD • SUITE 101
MONROE TOWNSHIP, NJ 08831
PHONE: 609-235-4100

Press Release

Date of Release 12/16/2007

Freehold Orthopedic Surgeon Dr. Alan Nasar Gives the Final Public Lecture of the Current Series by the Advanced Orthopedics and Sports Medicine Institute, Freehold, NJ

In the final lecture of the current free public lecture series presented by the [Advanced Orthopedics and Sports Medicine Institute](#) in Freehold, New Jersey, Freehold orthopedic surgeon Alan S. Nasar MD discussed the major advancements in hip replacement surgery in recent years and in particular the latest innovations in the treatment of hip pain. In his lecture on Tuesday, December 11, at the CentraState Healthcare Center in Freehold, New Jersey, “Hip Arthroscopy, Hip Resurfacing and Hip Replacement; Are You a Candidate?” Dr Nasar outlined the rationale behind each procedure, what the surgeon hopes to achieve, the big benefits of the newer minimally invasive procedures and what factors define the best candidate for each surgical option. “Whether and when total hip replacement should be performed is not an easy decision, it is an elective procedure and because hip joints can fail with time, there are alternatives for the younger patient when severe pain impedes normal functioning despite latest pain management techniques.” elaborated Dr Nasar, explaining those alternatives clearly with the use of various hip models. He answered a number of very specific questions from the attentive audience following the lecture, addressing concerns about recovery time and management of the associated risks, and engaged in discussion well beyond the lecture hour. “It has been a great pleasure to reassure local residents that all these options are available right here in Freehold.” Dr Nasar summed up with satisfaction.

Dr Nasar is one of the team of orthopedic surgeons from the [Advanced Orthopedics and Sports Medicine Institute](#) in Freehold, New Jersey, who has offered a number of free to the public lectures in New Jersey communities in Freehold, Monroe Township and Jackson throughout this quarter. Well attended and generating lively question and answer sessions, firmly appreciated by the audiences as right on topic in addressing community healthcare concerns, the lecture series has covered a range of subjects from computer assisted, minimally-invasive joint replacement surgery to pain management for advanced arthritis and sports injuries.

Alan S. Nasar, MD, a fellowship-trained joint replacement orthopedic surgeon from the [Advanced Orthopedics and Sports Medicine Institute](#) in Freehold, NJ, specializes in minimally invasive joint replacement surgery. At CentraState, he has been instrumental in developing and directing The Total Joint Center of New Jersey. He is the Director of Orthopedics at the CareOne Rehabilitation Center in Jackson, New Jersey.

Today, all of the surgeons at [Advanced Orthopedics and Sports Medicine Institute](#) perform minimally invasive joint replacement surgery. [The Advanced Orthopedics and Sports Medicine Institute](#) provides advanced medical care in Freehold, NJ, with leading doctors and surgeons, state-of-the-art technology, and exceptional Patient-Centered, Patient-Focused Care TM. The seven practicing physicians at AOSMI have a combined 100 years of experience providing exceptional orthopedic care to the New Jersey community.

Contact Information:

[Advanced Orthopedics and Sports Medicine Institute, PC](#)

c/o Wayne Marnell

Phone number ; 732-720-2555

Email address : Press@AdvancedOrthoSports.com

Website Address : www.AdvancedOrthoSports.com

Additional Contact Info : Wayne@WebIMMG.com

