ADVANCED ORTHOPEDICS
AND SPORTS MEDICINE INSTITUTE, PC
A CENTER OF EXCELLENCE FOR BONE AND JOINT CARE

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Press Release

Registration Requested. Please call (732) 308-0570 for more information and to register for this lecture.

May 3, 2008

Freehold Orthopedic Surgeon Dr. Alan Nasar to Lecture on "Female Knee Replacement" at the CentraState Ambulatory Campus on May 13

Freehold orthopedic surgeon Alan S. Nasar, MD, will present a free public lecture on female knee replacements using Zimmer Gender Solution knee implants. Dr. Nasar is part of the team of orthopedic surgeons from the Advanced Orthopedics and Sports Medicine Institute in Freehold, New Jersey, which has been presenting public lectures on joint health in the New Jersey communities of Monmouth County.

Alan S. Nasar, MD, Freehold orthopedic surgeon, is scheduled to present a free public lecture, "Female Knee Replacement," at the CentraState Ambulatory Campus on May 13 from 6:30 p.m. to 7:30 p.m. The lecture is part of CentraState's 2008 Spring Lecture Series presented by Advanced Orthopedics and Sports Medicine Institute.

Most knee replacements are performed on females. Dr. Nasar will explain knee replacement surgery and recent advancements such as the Zimmer Gender Solution female knee implant. Those interested should call (732) 308-0570 for more information and to register for the lecture.

Dr. Nasar is part of the team of orthopedic surgeons from Advanced Orthopedics and Sports Medicine Institute in Freehold, New Jersey, which has been presenting a series of free lectures on joint health this spring as part of the Institute's commitment to the community. The lectures are free and open to the public. Past topics have included hip replacement and shoulder injuries.

Alan S. Nasar, MD, a fellowship-trained, joint-replacement orthopedic surgeon from Advanced Orthopedics and Sports Medicine Institute in Freehold, New Jersey, specializes in minimally invasive joint-replacement surgery. Dr. Nasar's goal is to restore patients to their previous activity level, minimize pain, and facilitate a rapid recovery. He has a particular interest in advanced pain management techniques which, combined with minimally invasive surgery, can lead to less discomfort and a more rapid return to leisure activities. He has been instrumental in developing and directing the

Total Joint Center of New Jersey at CentraState. He is the director of orthopedics at the CareOne Rehabilitation Center in Jackson, New Jersey.

Today, the surgeons at Advanced Orthopedics and Sports Medicine Institute provide the Monmouth County community with specialists for every orthopedic need. Advanced Orthopedics and Sports Medicine Institute provides advanced medical care in Freehold, New Jersey, with leading doctors and surgeons, state-of-the-art technology, and exceptional Patient-Centered, Patient-Focused Care ™. The seven practicing physicians at AOSMI have a combined 100 years of experience providing exceptional orthopedic care to the New Jersey community of Monmouth County.

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