



**ADVANCED ORTHOPEDICS  
AND SPORTS MEDICINE INSTITUTE, PC**  
A CENTER OF EXCELLENCE FOR BONE AND JOINT CARE

[www.AdvancedOrthoSports.com](http://www.AdvancedOrthoSports.com)

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**Press Release**

**Knee Seminar for the General Public Presented by AOSMI in Freehold, New Jersey,  
Monmouth County**

**FREEHOLD, NJ – May 1, 2009** - Today, knee injuries don't have to cut short the enjoyment or careers of athletes. Dr. Gregg S. Berkowitz, a board-certified orthopedic surgeon at the Advanced Orthopedics and Sports Medicine Institute (AOSMI) of Freehold, New Jersey in Monmouth County is presenting "Cartilage Repair: A to Z," a free educational seminar, **Wednesday**, May 13, 2009, from 6:00 to 8:00 p.m. at the Sports Performance Center, 323A Fairfield Road, Freehold, New Jersey, Monmouth County. The Sports Performance Center is a division of the Rehabilitation Department at CentraState Medical Center, 901 West Main Street, Freehold, New Jersey.

Dr. Gregg S. Berkowitz of AOSMI, who announced the opening this week of the Cartilage Restoration Center of New Jersey in Monmouth County, says, "Prevention and proper training are of utmost importance in playing sports and exercising; however, there are many new, exciting operative techniques to treat, repair, and restore damaged cartilage in the knee and other joints of the body."

The Cartilage Restoration Center of New Jersey is located at Pond View Professional Park, 301 Professional View Drive, Freehold, NJ. To register for "Cartilage Repair: A to Z," call the Sports Performance Center at (732) 462-0058.

Today, the surgeons at Advanced Orthopedics and Sports Medicine Institute provide the Monmouth and Middlesex County communities with specialists for every orthopedic need. Located in the Pond View Professional Park at 301 Professional View Drive in Freehold, and Renaissance Crossing Medical Arts Building at 312 Applegarth Road, Suite 101, Monroe Township, New Jersey, Advanced Orthopedics and Sports Medicine Institute provides advanced medical care with leading doctors and surgeons, state-of-the-art technology, and exceptional Patient-Centered, Patient-Focused Care™. The seven practicing physicians at AOSMI have a combined 100 years of experience providing exceptional orthopedic care to the New Jersey communities of Monmouth and Middlesex County. For more information, call 732-720-2555 or visit <http://www.AdvancedOrthoSports.com>.

**Location of Press Release**

**Country USA**

State NJ  
City Freehold

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