



**ADVANCED ORTHOPEDICS  
AND SPORTS MEDICINE INSTITUTE, PC**  
A CENTER OF EXCELLENCE FOR BONE AND JOINT CARE

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Press Release

**Date of Release 10/30/2007**

**New Cable TV Production Features Freehold Orthopedic Surgeon Dr. Alan Nasar**

**Dr. Alan Nasar, a fellowship-trained joint replacement orthopedic surgeon at the [Advanced Orthopedics and Sports Medicine Institute](#) in Freehold, NJ, will be appearing along with Brian Mason, PhD on Comcast channel 190 at 2:30pm on Sundays. Dr. Nasar will discuss advances in joint replacement surgery, pain management and physical therapy with host Gary Gellman.**

**CentraState HealthWatch will begin airing on Comcast Channel 190 at 2:30pm every Sunday beginning this week in Monmouth, Ocean and Middlesex counties, New Jersey, with airings on local municipal stations (currently 12 times a day in Freehold) in addition to the Comcast channel.**

**Dr. Alan S. Nasar is one of several joint replacement orthopedic specialists at the [Advanced Orthopedics and Sports Medicine Institute](#) in Freehold. He is the Director of the Total Joint Center of New Jersey at CentraState and the Director of Orthopedics at CareOne Rehabilitation Center in Jackson, New Jersey. In addition, he is a professional member of the American Academy of Orthopedic Surgeons, the Monmouth County Medical Society, the New Jersey Medical Society, the American Medical Association and the New Jersey Orthopedic Society.**

**He is trained in the use of computer-assisted (navigated) minimally-invasive joint replacement surgery, which results in the most accurate placement of implants.**

**Dr. Nasar's goals are to restore patients to their previous activity level, minimize pain, and facilitate rapid recovery. With advanced components and techniques, his objective is to perform joint replacement surgery that can last a lifetime. He has a particular interest in advanced pain management techniques, which combined with minimally invasive surgery, can lead to less discomfort and a more rapid return to work and leisure activities.**

**Today, all of the surgeons at [Advanced Orthopedics and Sports Medicine Institute](#) perform minimally-invasive joint replacement surgery. [The Advanced Orthopedics](#)**

**and Sports Medicine Institute** provides advanced medical care in Freehold, NJ, with leading doctors and surgeons, state-of-the-art technology and exceptional **Patient-Centered, Patient-Focused Care**™. The seven practicing physicians at **Advanced Orthopedics and Sports Medicine Institute** have a combined 100 years of experience providing exceptional orthopedic care to the New Jersey community.

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