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## **Advanced Orthopedics and Sports Medicine Institute Revolutionizes Knee Replacement Procedures for Women**

The orthopedic surgeons at the Advanced Orthopedics and Sports Medicine Institute, PC (AOSMI) are among the first surgeons in the Freehold, New Jersey area to offer the Zimmer® Gender Solutions™ Knee, which is the first and only knee replacement shaped to fit a woman's anatomy.

At last, women who suffer from knee pain can opt for a total knee replacement that is specifically shaped to fit their bodies. The orthopedic surgeons at the Advanced Orthopedics and Sports Medicine Institute, PC (AOSMI) are among the first surgeons in the Freehold, New Jersey area to offer the Zimmer® Gender Solutions™ Knee, which is the first and only knee replacement shaped to fit a woman's anatomy.

Research shows that women are three times less likely than men to undergo knee replacement procedures, even though they suffer from more knee pain and resulting disability. "The new Zimmer Gender Solutions Knee, the only knee shaped and sized to optimally fit the female knee, should make women more amenable to having a knee replacement," said Dr. Michael Greller, the president of AOSMI.

Traditional knee implants are based upon an average between women's and men's knees, but the Zimmer Gender Solutions Knee is based on three distinct shape differences between women's and men's knees. It not only reduces knee pain and restores mobility, but also offers the fit and function that female patients need. Due to its smaller size, it can be implanted using lessinvasive techniques, which mean smaller scars, shorter hospitalization and faster recovery.

"We implanted our first Zimmer Knee on April 15," said Dr. Nasar, a leading AOSMI orthopedic surgeon and mechanical engineer who specializes in joint replacements. "The speed and completeness of the patient's recovery was astounding, and we anticipate performing many additional Zimmer Knee Replacement procedures in the months and years to come."

Additional information about the Zimmer Knee Replacement and other AOSMI services is available at [www.AdvancedOrthoSports.com](http://www.AdvancedOrthoSports.com), or by visiting one of AOSMI's two locations at 501 Iron Bridge Road, Suite 1, or 4247 Route 9, Building 1 in Freehold.

AOSMI provides the most advanced medical care in Freehold, NJ, with leading doctors and surgeons, state-of-the-art technology, new facilities, and exceptional Patient-**Centered, Patient-Focused Care**™. The seven practicing physicians at AOSMI have a combined 100 years of experience providing exceptional orthopedic care to the New Jersey community.

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