



**ADVANCED ORTHOPEDICS
AND SPORTS MEDICINE INSTITUTE, PC**
A CENTER OF EXCELLENCE FOR BONE AND JOINT CARE

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Press Release



February 16, 2009

**FRANK INGRASSIA RECOVERING FROM SHOULDER REPLACEMENT
MANALAPAN, NJ – February 12, 2009 – Trainer Frank Ingrassia is home in
Allentown, NJ, recovering from shoulder joint replacement surgery.**

“I’m absolutely amazed how well he’s doing considering the nature of the operation and also Franks age (75),” said Ingrassia’s wife, Jacqueline, an accomplished driver and SBOANJ director.

“He has been suffering with this shoulder [right shoulder] for years,” said Jacqueline Ingrassia on Thursday afternoon. “Only recently has shoulder replacement become an option. Luckily his surgeon [Dr. Alan Nasar] works out of CentraState Medical Center [in Freehold]. He is one of only a few able to do this.”

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