



**ADVANCED ORTHOPEDICS  
AND SPORTS MEDICINE INSTITUTE, PC**  
A CENTER OF EXCELLENCE FOR BONE AND JOINT CARE

[www.AdvancedOrthoSports.com](http://www.AdvancedOrthoSports.com)

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**Press Release**

**May 10, 2009**

**Doctors at AOSMI and CentraState in Freehold, New Jersey, Monmouth County Hold Seminar on Treating Joint Pain**

Everyone has suggestions about what to do when you have joint or back pain, arthritis, or osteoporosis. But what do the doctors say? Find out first-hand from four different AOSMI doctors at the Joint and Arthritis Seminar this Sunday, May 17, 2009, 11:00 a.m. to 3:00 p.m. at CentraState's Medical Office, 312 Applegarth Road, Monroe, New Jersey in Middlesex County. The seminar is free, and all attendees will have an opportunity to meet the doctors of Advanced Orthopedics and Sports Medicine Institute.

Dr. Alan Nasar, a board-certified surgeon at Advanced Orthopedics and Sports Medicine (AOSMI) of Freehold and Monroe Township, New Jersey will speak on "Alternative Treatments for Joint Pain" at 11:30 a.m.; Dr. Grigory Goldberg, a spine surgeon at AOSMI, will discuss "Minimally Invasive and Alternative Treatments for Neck and Back Pain" at noon; Dr. Abhijit Chatterjee's topic is "Osteoporosis: Prevention, Diagnosis, and Treatment at 12:30 p.m.; Dr. Nasar of AOSMI will speak at 1:00 p.m. on "Minimally Invasive Hip and Knee Surgery; and Dr. Kenneth Faistl will finish the series with "Staying Active with Arthritis" at 1:30 p.m.

Besides this free lecture series, free screenings are available for blood pressure, body fat, functional movement for athletes, glucose, strength and balance, and fall risk. To register, call 866-236-8727.

Today, the surgeons at Advanced Orthopedics and Sports Medicine Institute provide the Monmouth and Middlesex County communities with specialists for every orthopedic need. Located in the Pond View Professional Park at 301 Professional View Drive in Freehold, and Renaissance Crossing Medical Arts Building at 312 Applegarth Road, Suite 101, Monroe Township, New Jersey, Advanced Orthopedics and Sports Medicine Institute provides advanced medical care with leading doctors and surgeons, state-of-the-art technology, and exceptional Patient-Centered, Patient-Focused Care™. The seven practicing physicians at AOSMI have a combined 100 years of experience providing exceptional orthopedic care to the New Jersey communities of Monmouth and Middlesex County. For more information, call 732-720-2555 or visit <http://www.AdvancedOrthoSports.com>.

**Location of Press Release**

**Country** USA  
**State** NJ  
**City** Freehold

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