



**ADVANCED ORTHOPEDICS  
AND SPORTS MEDICINE INSTITUTE, PC**  
A CENTER OF EXCELLENCE FOR BONE AND JOINT CARE

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Press Release

**May 6, 2008**

## **Carpal Tunnel Syndrome Lecture by Dr. James Cozzarelli of Advanced Orthopedics and Sports Medicine Institute at the CentraState Ambulatory Campus**

**Dr. James Cozzarelli, orthopedic surgeon, of Freehold, New Jersey will present a lecture on carpal tunnel syndrome. The lecture is free and open to the public. Dr. Cozzarelli is a partner and orthopedic surgeon at [Advanced Orthopedics and Sports Medicine Institute](#) in Freehold, New Jersey. The Institute presents many lectures in Monmouth County, New Jersey.**

**James Cozzarelli, MD, orthopedic surgeon in Freehold, New Jersey, is scheduled to present a public lecture, “Carpal Tunnel: A Common Cause of Hand Pain,” on Thursday, May 15, from 7:00 p.m. to 8:00 p.m. in the Health Awareness Center at the new CentraState Ambulatory Campus. Dr. Cozzarelli is one of the partners at [Advanced Orthopedics and Sports Medicine Institute](#) in Freehold, New Jersey. The Institute presents many lectures in Monmouth County, New Jersey.**

**The one-hour long presentation, which is free and open to the public, will cover carpal tunnel syndrome, which is a common medical condition. During the lecture, Dr. Cozzarelli will discuss the causes, symptoms, and treatment of this frequently diagnosed cause of hand and wrist pain. Dr Cozzarelli says, “I’m looking forward to the lecture. CTS affects so many people and I think it is important make the public aware that treatment is not limited to surgery. So many people live in pain and discomfort because they fear surgery, when in reality that is just one of the treatment options. The seminar is a great way to educate yourself on all of your options.” The presentation will conclude with a discussion and an opportunity to ask questions. Those interested should call (732) 308-0570 to register.**

**Dr. James F. Cozzarelli is a board-certified orthopedic surgeon who specializes in arthroscopy, total joint replacement, and fracture and trauma care. He and his fellow orthopedic surgeons at [Advanced Orthopedics and Sports Medicine Institute](#) in Freehold, New Jersey regularly give informative presentations on orthopedic topics as part of their commitment to the community. The free public lecture series conducted by the surgeons in the Monmouth County area last fall was very well received. Past**

lectures have covered joint health, sports medicine, and joint pain management, among other topics.

Today, the surgeons at **Advanced Orthopedics and Sports Medicine Institute** provide the Monmouth County community with specialists for every orthopedic need. **Advanced Orthopedics and Sports Medicine Institute** provides advanced medical care in Freehold, New Jersey with leading doctors and surgeons, state-of-the-art technology, and exceptional **Patient-Centered, Patient-Focused Care™**. The seven practicing physicians at **AOSMI** have a combined 100 years of experience providing exceptional orthopedic care to the New Jersey community of Monmouth County.

#### **Location of Press Release**

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State NJ  
City Freehold

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