



**ADVANCED ORTHOPEDICS
AND SPORTS MEDICINE INSTITUTE, PC**
A CENTER OF EXCELLENCE FOR BONE AND JOINT CARE

www.AdvancedOrthoSports.com

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Press Release

October 16, 2009

Dr. Gregg Berkowitz, Board-Certified Orthopedic Surgeon With AOSMI, Offers Free Talk on Sports Injury Prevention at CentraState Medical Center, Freehold, NJ

Dr. Gregg Berkowitz, a board-certified orthopedic surgeon with Advanced Orthopedics and Sports Medicine Institute (AOSMI), Freehold and Monroe Township, New Jersey, will offer a free public talk on Sports Injury Prevention at CentraState Medical Center, Freehold, NJ.

Dr. Berkowitz specializes in sports medicine, total joint arthroplasty, and fracture and trauma care and will whether common strategies, such as stretching and wearing a brace, prevent injury during sports.

Can injuries be prevented during participation in sports? What do the facts suggest? Dr. Gregg Berkowitz, a board-certified orthopedic surgeon at Advanced Orthopedics and Sports Medicine Institute (AOSMI) of Freehold and Monroe townships, is presenting a free, educational seminar for residents of Monmouth and Middlesex Counties titled “Should You Wear That Knee Brace? Sports Injury Prevention” to discuss whether common strategies, such as stretching and the use of a brace, prevent injury during sports according to recent evidence. A question and answer period will follow.

Join AOSMI’s Dr. Berkowitz on Wednesday, October 21 from 7:00 to 8:00 p.m. at Star and Barry Tobias Health Ambulatory Campus, Health Awareness Center, CentraState Medical Center, 901 W. Main Street, Freehold, New Jersey. Registration is required. Call (732) 308-0570 to register and for more information.

Dr. Berkowitz, vice president of Advanced Orthopedics and Sports Medicine Institute

and a Fellow of the American Academy of Orthopedic Surgery, specializes in sports medicine, total joint arthroplasty, and fracture and trauma care. As part of AOSMI's Patient-Centered, Patient Focused Care™ philosophy, Dr. Berkowitz's goal is to help people live normal, pain-free lives, and enjoy recreational pursuits and competitive athletics. Dr. Berkowitz has been featured in "Healthy Direction" publications, has been interviewed on local TV, and is on the staff at Robert Wood Johnson University Hospital in New Brunswick, NJ. He also has taught students in the Medical Science program, a specialized program in Freehold Borough High School in Freehold, NJ, and frequently teaches bone health and anatomy to elementary school children and the community of Monmouth and Middlesex Counties. At AOSMI he serves residents of the communities of Colts Neck, Englishtown, Freehold, Howell, Jackson, Manalapan, Marlboro, Monroe, Morganville, and other towns in New Jersey.

AOSMI provides a range of services, including sports medicine, joint replacement, fracture care, spine care, work injury care, hand and wrist care, physiatry, foot and ankle care, and osteoporosis care to the residents of Freehold and Monroe Townships and surrounding towns in Monmouth and Middlesex Counties.

Today, the surgeons at Advanced Orthopedics and Sports Medicine Institute (AOSMI) provide the Monmouth and Middlesex County communities with specialists for every orthopedic need. Located in the Pond View Professional Park at 301 Professional View Drive in Freehold, and Renaissance Crossing Medical Arts Building at 312 Applegarth Road, Suite 101, Monroe Township, New Jersey, Advanced Orthopedics and Sports Medicine Institute provides advanced medical care with leading doctors and surgeons, state-of-the-art technology, and exceptional Patient-Centered, Patient-Focused Care™. The seven practicing physicians at AOSMI have a combined 100 years of experience providing exceptional orthopedic care to the New Jersey communities of Monmouth and Middlesex County. For more information, call 732-720-2555 or visit <http://www.AdvancedOrthoSports.com>.

Location of Press Release

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